

rules & regulations

adidas FTAAA PACESETTERS

4 X 3KM ROAD RELAY 2005

Incorporating Inter-Universities/Colleges Road Relay 2005

- 1 **Date / Time** • 19th June 2005 (Sunday) 8.00am
- 2 **Venue** • Majlis Sukan Negara Track, Bukit Jalil, Kuala Lumpur
- 3 **Competition** • This competition is organized according to the MAAU Competition Rules.
- 4 **Age Group** • As at 31st December 2005
- 5 **Distance** • Each runner has to run a distance of 2.9km
- 6 **Route** • The Start and Finish shall be inside the Stadium as per route map at the back page of the form.
- 7 **Changing zone** • Each runner of the team will have to run 200m inside the Stadium before handing over the baton to the next runner. All exchanges of batons are inside the Stadium within the Changing zone.
- 8 **Special Universities/Colleges Event** • There shall be 2 Special Categories for the Men & Women Universities/Colleges. This shall be held as an event within an event. Universities & Colleges teams whereby all 4 runners are from the same University/College as certified by an authorized signatory are eligible for this event as well as for the Men and Women categories. These two special events are organized to promote participation from the universities and colleges.
- 9 **Prizes** • First five (5) Teams in categories A to H will receive product vouchers from adidas and medals from Milo. The first three (3) teams from the Special Universities/Colleges Event (Men & Women) shall also receive prizes from the sponsors. In addition, a Challenge Trophy is awarded to the winner of the Varsity Categories.
- 10 **Team** • A team shall consist of four (4) runners. A list of runners according to the running order shall be submitted to the Meet Manager at the Reporting Station, one hour before the start of the race. Substitution is allowed at the time of submission of the list of runners but must attach the photocopy I/C of the substitute runner/s.
- 11 **National Runners** • Each team is limited to one current national runner to achieve a more balance playing field and in line with the objective of promoting team participation at club level. A current national runner is defined as a runner that has represented the country in athletics for the last 12 months prior to this event in the senior category only.
- 12 **Baton** • Every runner shall carry the baton in his/her hand throughout the race.
- 13 **Entry Fees** • For categories A to D - RM50 per team and for categories E to H • RM25 per team.
- 14 **Vests & Photos** • Each team shall be given 4 pieces of event running vests to be worn during the event. A team photograph shall be taken after reporting and before the race. A set of 4 photographs (4R size) shall be sent to the team at the mailing address within one month of the event.
- 15 **Numbers** • Numbers are issued to the teams from FTAAA Office, Wisma OCM from 10.00am to 5.00pm on 17th & 18th June 2005. Numbers will not be issued on the day of the event.
- 16 **Maximum Number of Teams** • 200 teams on a first come first serve basis.
- 17 **Closing Date** • 1st June 2005 or 200 teams whichever come first.
- 18 **Registration** • Please register in person or by mail to the Chairman, Competition Committee FTAAA, 2nd Floor Wisma OCM, Jalan Hang Jebat 50150 Kuala Lumpur, tel: 603-2715 2843
Fax : 603-2715 2678, email:sportftaaa@hotmail.com.
- 19 **Website**
www.pacesetters.com.my

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Pacesetters
4x3 km Road Relay
June 19 2005

MAJLIS SUKAN NEGARA TRACK BUKIT JALIL KL

runners category

Category and Age Qualification

Code	Category / Age
<i>a</i> <i>b</i> <i>c</i> <i>d</i> <i>e</i> <i>f</i> <i>g</i> <i>h</i>	Men Open
	FIRST RM800 SECOND RM500 THIRD RM400 FOURTH RM300 FIFTH RM200
	Men Veteran (above 35 years)
	FIRST RM800 SECOND RM500 THIRD RM400 FOURTH RM300 FIFTH RM200
	Women Open
	FIRST RM800 SECOND RM500 THIRD RM400 FOURTH RM300 FIFTH RM200
	Women Veteran (above 35 years)
	FIRST RM600 SECOND RM400 THIRD RM300 FOURTH RM200 FIFTH RM100
	Boys Junior (13 years under 15 years)
	FIRST RM300 SECOND RM200 THIRD RM100 FOURTH RM100 FIFTH RM100
Boys Senior (15 years under 18 years)	
FIRST RM400 SECOND RM300 THIRD RM200 FOURTH RM100 FIFTH RM100	
Girls Junior (13 years under 15 years)	
FIRST RM300 SECOND RM200 THIRD RM100 FOURTH RM100 FIFTH RM100	
Girls Senior (15 years under 18 years)	
FIRST RM400 SECOND RM300 THIRD RM200 FOURTH RM100 FIFTH RM100	
Men Varsity (18 years under 35 years)	
FIRST RM600 SECOND RM400 THIRD RM300	
Women Varsity (18 years under 35 years)	
FIRST RM600 SECOND RM400 THIRD RM300	

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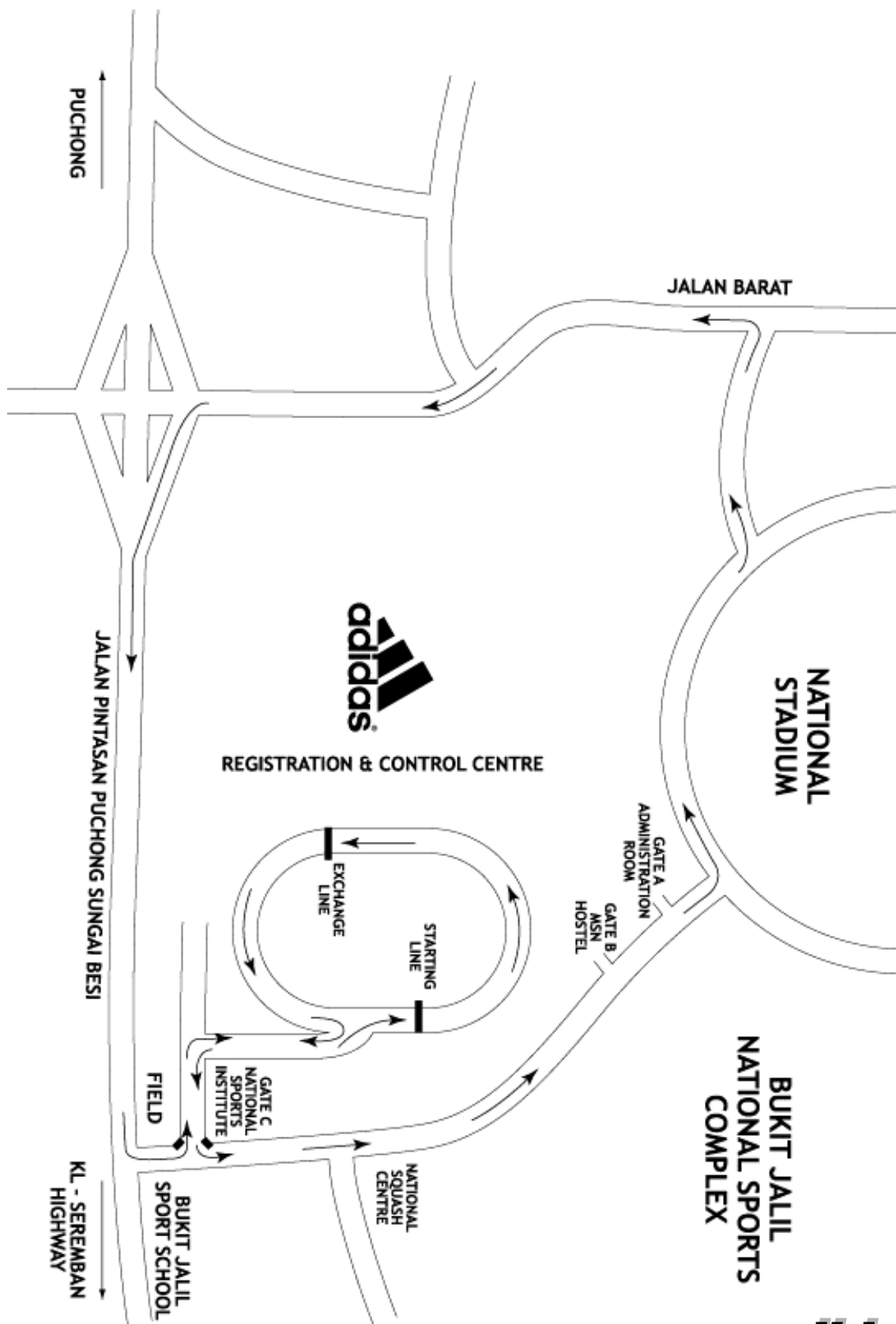
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the route



for further information call
Krishnan at
012 3503 668 / 603 2080 4843 or
e-mail: footscan.my@adidas.com.hk or
Krishnan.karuppan@adidas.com.hk

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MAJLIS SUKAN NEGARA TRACK BUKIT JALIL KL

adidas FTAAA PACESETTERS 4 X 3KM ROAD RELAY 2005 Entry Form

Please tick on category

a **b** **c** **d** **e** **f** **g** **h**

Type of Team Club School University College

Team Name

Address

Captain/Manager

Phone

Facsimile

E-mail

Runners' Name (please affix attachment if column is insufficient)

No	Name	Date of Birth	/C Passport Number	Signature
1				
2				
3				
4				

In consideration of the Organizers' accepting this entry, and registration to participate in the above Road relay I hereby for myself, my team members, our heirs and administrators waive and release any and all rights or claim to damages we may have against the organizers holding this race for any and all injuries, death and invalidity and waived against all claims that may arise in consequence of the above.

I hereby certify that all 4 runners are students of our university / colleges
(applicable for universities/colleges categories only. Delete if not applicable)

Signature and Stamp

I enclose the entry fees of RM

in Cash / Cheque No

Name

Position

Signature

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