

## **FOR IMMEDIATE RELEASE**

### **Great Eastern Pacesetters 30km Run 2006**

**Kuala Lumpur, 22 January 2006** – The inaugural **Great Eastern Pacesetters 30km Run 2006** held today at Tasik Perdana, Kuala Lumpur recorded an impressive response from runners, with 946 participants registered. This figure is 146 above the cap of 800 entries originally set by title sponsor Great Eastern Life Assurance (Malaysia) Berhad and Pacesetters Athletic Club Malaysia (PACM).

The Great Eastern Pacesetters 30km Run 2006 Run attracted runners of many nationalities, comprising Australians, British, Burmese, Finnish, Germans, Hong Kong, and Singaporeans. Malaysian entries made up the largest number of 862, however, the many other nationalities added an international flavour to a local event.

The seven categories offered to the participants are:

#### **30 km**

Category A, Men Open

Category B, Men Veteran

Category C, Men Senior Veteran

Category D, Women Open

Category E, Women Veteran

#### **20 km**

Category F, Men Open

Category G, Women Open

This is the first time PACM is collaborating with Great Eastern Life Assurance (M) Bhd in a distance running event, with Great Eastern as the title sponsor. New Balance and Milo are the main sponsors, while Konica Minolta and PowerBar are working with us as co-sponsors. Technical assistance came from the very experienced Federal Territory Amateur Athletic Association (FTAAA).

The objective of having such an unusual distance of 30km is to encourage half marathoners to go a little further, and upon completing the distance, to encourage them to do the full 42km marathon. Another objective is to provide a training race for the seasoned marathoners. In conjunction with the 30km event, we also incorporated a 20km event for new-comers to the sport of distance running. By running together with the 30km participants, it is hoped that the 20km participants would be inspired to go the distance and attempt the marathons. Thus, we will have a bigger pool of long distance runners in the near future, and this can only be good for the sport and for the country.

In view of the positive response, Great Eastern Life Assurance and PACM had decided to expand the total entries from 800 to 1,000.

The full results of the event will be posted at PACM's website at [www.pacesetters.com.my](http://www.pacesetters.com.my) after the Chinese New Year holidays. The list of top winners is attached to this press release.

### **About Pacesetters Athletic Club, Malaysia**

Founded in 1984, Pacesetters Athletic Club Malaysia is a non-profit organization formed to promote running as a healthy recreational activity for people who share a common interest in running. The club currently has 1,424 members (as at January 2006), including some top runners in the country.

One of the main objectives of the club is to encourage interaction among members and to enable them to share their knowledge in training and competing in long distance events. Events strongly supported by the club are the Awana International Tri-terrain Run, PJ Half Marathon, Penang International Bridge Run, Kuala Lumpur International Marathon, Ipoh International Run, Hatyai Nature Run and the Seremban Half Marathon. Since May 2001, the club has started its weekly Youth Training Program at Kampung Pandan Sports Center every Saturday at 7.00AM. In February 2002, we have started a similar Youth Program at MPSJ Stadium (Subang Jaya) on Sunday at 5.30PM to cater for youth in the vicinity. These two training centers are our contributions to society to inculcate running as a healthy recreational activity for youth and their parents.

We have seven Area Groups in the Klang Valley; Bukit Aman Car-park (the mother group), Taman Tasik Permaisuri (Cheras), Forest Research Institute (Kepong), Bukit Gasing (Petaling Jaya), Tasik Subang (Subang Jaya), Klang (Tmn Rakyat), and Lembah Kiara (TTDI). We have three other Area Groups outside the Klang Valley, in Kuantan (Tmn Gelora), Penang and Seremban (Lake Gardens). We are based in Kuala Lumpur and are affiliated to the Federal Territory Amateur Athletic Association and the Selangor Amateur Athletic Association. We can be contacted at [www.pacesetters.com.my](http://www.pacesetters.com.my), our homepage.

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**Results of Great Eastern Pacesetters 30km Run 2006  
held on 22 January 2006**

**30 km**

**Category A, Men Open**

1. Shaharudin Hashim 1:56:21
2. Tan Song Hua 2:00:20
3. Fong @ Phong Tong Lim 2:03:41
4. Richard Habeya 2:04:49
5. Md Arumugam Abdullah 2:05:33

**Category B, Men Veteran**

1. Iwata Takatoshi 2:04:56
2. Goh Chun Aun 2:11:03
3. Don Khor Ngee Leong 2:13:17
4. Lua Choon Huat 2:18:55
5. Tan Kok Bing 2:20:12

**Category C, Men Senior Veteran**

1. Ramakrishnan Manikam 2:09:43
2. Pushparajah Rajamanekam 2:15:02
3. Chow Nga Hung, David 2:22:26
4. Mustafar b Ismail 2:35:31
5. Chng Hock Leong 2:42:45

**Category D, Women Open**

1. Hayley Holle 2:26:17
2. Yong Lai Chee 2:30:26
3. Oon Li Sar 2:43:01
4. Agnes Tee Yoke Loi 2:48:00
5. Lesley Tan Li Lian 2:49:05

**Category E, Women Veteran**

1. Cho Yee Wan 2:39:49
2. Pon Sew Peng 2:52:45
3. Eng Seok Ling 2:53:09
4. Carmen Leong Ban Yeik 2:55:29
5. Lim Ai Lin 3:02:42

**20 km**

**Category F, Men Open**

1. Vigneswaran Jayakumar 1:14:52
2. Krishnakumar Jayaran 1:19:23
3. Nanthakumar Raman 1:20:59
4. Chan Wai Yong 1:22:56
5. Yong Loi Huat 1:30:32

**Category G, Women Open**

1. Norlida Ismail 1:37:34
2. Cheah Meei Meei 1:47:30
3. Shaz Hussey 1:49:52
4. Lorna Wong 2:00:25
5. Lim Miow Chin 2:07:31